

## Caring for Seniors



### Questions & Answers

with Vadim Cherdak, PhD, CSA  
Certified Senior Advisor

## My dad is in need of home care. How do I go about finding a Home Health Aide to help him?

*Susan R.*

Finding the right Home Health Aide can be a daunting task. However, this is what you need to look for.

Here are some questions you can ask:

1. Is the Home Health Agency or Health Care Service Firm licensed and accredited? In NJ only agencies that have a Personal Care license can provide personal care services.
2. How does the agency screen and select caregivers prior to an assignment?
3. Is there a licensed health care professional, who along with the client and family develops an individualized plan of care? How are emergencies handled after normal business hours?
4. Does the agency manage all payroll and employee related matters?
5. How often are caregiver services monitored, and does the agency employ a full time registered nurse or other qualified professional to make regular visits to the client's home?

---

**Vadim Cherdak, PhD, is a Certified Senior Advisor with Affinity Care of NJ.**



Affinity Care provides professional Home Health Care for Seniors and Disabled. Call us with your questions: **732-790-2796** or e-mail: [sc@AffinityCareNJ.com](mailto:sc@AffinityCareNJ.com).

Visit our web site [www.AffinityCareNJ.com](http://www.AffinityCareNJ.com) to check resources available for seniors.

Affinity constantly searches, trains and employs the best caregivers in Central NJ.