

## Caring for Seniors



### Questions & Answers

with Vadim Cherdak, PhD, CSA  
Certified Senior Advisor

## I'm 78 years old, living alone, and I need someone to help me in the morning to shower and get dressed. Will Medicare pay for Home Health services?

Unfortunately, the answer is “no”.

Medicare covers some home health care only if the patient's condition is serious and only if all of the following conditions are met:

- a. A doctor prescribes medical care at home;
- b. The patient requires on-going skilled nursing or physical therapy;
- c. The patient is homebound.
- d.

There are other options for acquiring home health care: private pay, long-term care insurance and a number of different state programs. However, the eligibility for state programs is based on your personal situation and is approved on a case by case basis. If you would like more information regarding state and federal programs available for seniors please call us at Affinity.

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**Vadim Cherdak, PhD**, is a Certified Senior Advisor with **Affinity Care of NJ**.



Affinity Care provides professional Home Health Care for Seniors and Disabled. Call us with your questions: **732-790-2796** or e-mail: [sc@AffinityCareNJ.com](mailto:sc@AffinityCareNJ.com).

Visit our web site [www.AffinityCareNJ.com](http://www.AffinityCareNJ.com) to check resources available for seniors.

Affinity constantly searches, trains and employs the best caregivers in Central NJ.